

September 2016 Lunch Menu

September 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 LABOR DAY NO SCHOOL	6 Chicken Fettuccini Alfredo, Steamed Broccoli, Whole Wheat Roll -or- Ham and Cheese Sandwich, Pretzels, Yogurt, Dessert	7 JASON'S DELI	8 Beef Soft Tacos, Lettuce, Sour Cream, Fresh Salsa, Cheese, Black Beans and Rice -or- Chicken and Cheddar Wrap, Baked Chips, Orange Slices, Dessert	9 CHICK-FIL-A	10
11	12 Breaded Chicken Tenders, Corn, Garden Salad, Dessert -or- Turkey and Cheese Sandwich, Pretzels, String Cheese, Dessert	13 Shephard's Pie, Peas, Dessert -or- Chicken and Cheddar Wrap, Baked Chips, Yogurt, Dessert	14 JASON'S DELI	15 Chicken Tetrazzini, Whole Wheat Roll, Lima Beans, Dessert -or- Ham and Cheese Sandwich, Pretzels, Orange Slices, Dessert	16 CHICK-FIL-A	17
18	19 Cheeseburger Sliders, Potato Wedges, Fruit, Dessert -or- Turkey and Cheese Sandwich, Baked Chips, String Cheese, Dessert	20 Chicken Teriyaki, Steamed Rice, Asian Vegetables, Fortune Cookie -or- Chicken Wrap, Pretzels, Orange Slices, Dessert	21 JASON'S DELI	22 Breakfast for Lunch, Pancakes, Cheese Grits, Bacon, Fruit -or- Turkey and Cheese Sandwich, Baked Chips, Yogurt, Fruit	23 CHICK-FIL-A	24
25	26 Meatball Sub on Whole Wheat Hoagie, Baked Chips, Garden Salad, Dessert -or- Chicken and Cheddar Wrap, Baked Chips, String Cheese, Dessert	27 Chicken and Cheese Quesadilla, Sour Cream, Fresh Salsa, Mexican Rice, Dessert -or- Ham and Cheese Sandwich, Pretzels, Yogurt, Dessert	28 JASON'S DELI	29 Lasagna, Caesar Salad, Garlic Bread, Dessert -or- Turkey and Cheese Sandwich, Baked Chips, Orange Slices, Dessert	30 CHICK-FIL-A	Notes: